



*ECO-TRIATHLETE  
I COMMIT MYSELF  
TO SUSTAINABLE BEHAVIOUR!*

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Cham'Eco Endurance [Association Loi 1901, 29 Route des Montets, 74400 Argentière] decided to include in its organisations a sustainable development approach. Through simple and concrete actions, everyone can work towards achieving this goal and allow the practice of sustainable and responsible triathlon. By participating in one of Evergreen Endurance triathlon events, the competitor agrees to this eco-friendly approach.



### **Commitment 1: Respect Nature**

Triathlon is a sport that takes place in natural surroundings. I promise to respect the environment and the sites that I undertake to respect the environment and the sites crossed by the race, not to damage the vegetation, stay on trails marked by the Organisation and I endeavour not to disturb wildlife.



### **Commitment 2: Let's sort our waste**

Let's not leave any footprint or waste. I promise to keep and carry away my waste with me until the next tri-selective garbage. Clean zones will be installed at each refuelling station. Let the only footprints we will leave be those of our soles!



### **Commitment 3: Let's carpool!**

Moving the athletes towards the competition sites is a significant source of pollution. I promise whenever possible to encourage carpooling; it's more fun, cheaper and greener! Furthermore the Organiser is committed to providing a means of transportation of athletes and spectators to the competition venues. Whenever possible, I pledge to use these means of transport put at my disposal (or other means of transport in common and / or shared) and I avoid using my own vehicle.



### **Commitment 4: Let's save water**

Water is very precious natural resource. Let's not waste it. The Organiser will provide water sourced locally. I will endeavour to use what I need and not more.



### **Commitment 5: Let's consume local**

Whenever possible, the Organiser has chosen to use products that are sourced from local partners and providers. I promise to do the same and to privilege locally sourced products.



### **Commitment 6: Let's communicate in a greener way**

All documents concerning our events are available in digital versions. The organiser is striving to minimize paper printing. I will do the same, will register online and will privilege downloading documents rather than printing them.



### **Commitment 7: Let's not waste!**

During the competition, I will do my best to avoid wasting the food and nutrition that is provided by the organiser. I will endeavour to also recycle my sports equipment.



### **Commitment 8: I participate in fundraising**

To help this event I have the opportunity to contribute to environmental preservation efforts in the Chamonix Valley by raising funds among my personal professional and social networks. I can also make a donation to the Organiser to help promote sustainable development.



### **Commitment 9: Let's respect one another**

The pursuit of athletic performance should not be at the expense of respect for others. I therefore will show courtesy to other participants and organisers. It is the diversity of practitioners that makes the sport of triathlon such a rich one. I will ensure that I do my best to promote friendliness in conviviality throughout these present and upcoming events.



### **Commitment 10: Let's become eco-ambassadors**

Triathlon is a sport that takes place in natural surroundings. Awareness and respect of the richness of the environment around us is paramount. It will allow a healthy development of this sport and permit its practice in the long-term. I commit to become an eco-ambassador in my every day life so as to contribute to the healthy development of our sport and our quality of life.

I will also do my best to educate others, share the information, promote the right actions and their consequences. The more we will be to act in this direction, the greater our impact.

 **Commitment 11: Eco-triathlete, I commit myself to sustainable development**

By participating in this event, I agree to respect and promote the 10 commitments of this charter.